

# Specialist Community and Crisis Support Service

Information about our service



## Welcome to our Specialist Community and Crisis Support Service at Saint Francis Hospice

### What we do

We are a team of clinical specialists who oversee specialist palliative care in the community covering Barking & Dagenham, Havering and Brentwood 24 hours a day 7 days a week, 365 days a year. We do not visit out of hours but provide telephone support in a crisis or urgent need.

We also provide specialist telephone support to the Redbridge area out of hours 5.00pm-9.00am 7 days a week, 365 days a year.

We are employed by Saint Francis Hospice and are an integral part of the hospice charitable services.

For Barking and Dagenham, Havering and Brentwood residents a referral to the hospice may be made if the district nurse and GP (generalist key workers) are finding difficulty with the management of your symptoms or if they feel you may benefit from hospice input by a multi-professional approach.

We will assess, advise, manage symptoms and offer support through a crisis and then any ongoing care will be given according to specialist palliative care need.

Once symptoms are more controlled and the crisis has settled, ongoing care will be managed by your generalist key worker, this may be your GP or District Nurse Team. The Saint Francis Hospice Specialist Community and Crisis Support Service may be contacted for advice and a re-referral made at any time.

We are skilled in symptom management, but also provide emotional support and practical advice at any stage of illness to patients and carers in the community, ensuring appropriate symptom management of life limiting conditions.

We do not provide hands on care, but work closely with other healthcare professionals who provide these services.

## Our service in Barking and Dagenham, Havering and Brentwood provides:

- Initial contact by telephone for triage followed by a specialist assessment
- Consultancy one off home visit
- Home visit to manage complex symptom management or a crisis requiring face to face at home
- 🐤 Outpatient appointment at Saint Francis Hospice

## How to contact us

Please contact us through our 24/7 Specialist Advice Line on **01708 758643** for advice and support on clinical issues or concerns.

If you contact us and the line is busy, a message service will be activated. Please leave a message with your name, contact details, a short message and the name of person you are calling about and we will call you back at the earliest opportunity.

## Out of hours contact for Barking and Dagenham, Havering and Brentwood?

We have limited resources out of hours, but please telephone us if you have a crisis or urgent need. Our specialist clinician on call out of hours is based at home 5.00pm-9.00am and will offer telephone contact to advise and support you. There will be an option to leave non urgent messages by selecting Option 1 if you do not necessarily require support of the specialist clinician overnight. Between the hours of 23:00pm to 7:00am your call will be triaged by our inpatient unit team.

Occasionally there may be a delay in answering the phone due to the clinician being busy with other calls or driving.



Your call will be diverted to the clinical specialist on-call mobile. Please leave a message with your name, contact details, a short message and the name of person you are calling about and we will call you back at the earliest opportunity. You will be prompted to leave a message for non-urgent calls.

If you do have a crisis or urgent call out of hours it is advisable to initially make contact with your district nurse team/GP as they remain your generalist key workers.

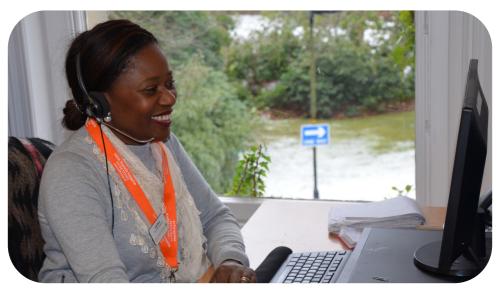
## Out of hours contact for Redbridge

Please note that for the Redbridge area we offer telephone support only, out of hours, 5.00pm-9.00am 7 days a week.

Clinical nurse specialists in the Redbridge Macmillan palliative care service employed by North East London Foundation Trust (NELFT) are available to support people in Redbridge 9.00am-5.00pm 7 days a week and can be contacted on **0300 300 1901**.

### Other contact numbers available during office hours Monday-Friday 9.00am-5.00pm

General enquires via reception	01708 753319
Referrals co-ordinator	01708 758606
Need to talk, lonely or isolated? Call OrangeLine	01708 758649





#### Who we work with

Saint Francis Hospice community clinical specialists work very closely with your GP, district nurse team and other healthcare professionals and are available to provide specialist advice and support when needed.

Your GP and district nurse team will provide your regular care and ongoing support when you are at home and your GP remains responsible for your medical care.

Your district nurse team are extremely knowledgeable and experienced in caring for people at home. The district nurse team provide your nursing care and co-ordinate other services you may need to support you and your family/carer 24/7.

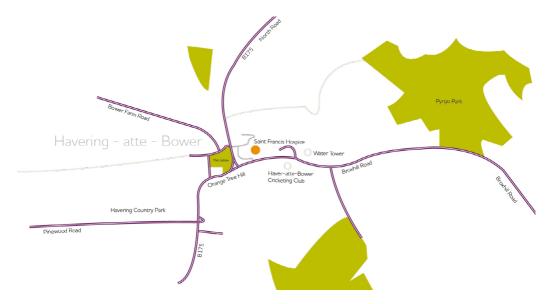
#### How we make contact

Initial contact for any referral to the service is a triage call followed by a comprehensive telephone assessment. Any ongoing support, or follow up, will be either by telephone, video calls, an outpatient appointment at the hospice or a visit to the home. This may be with your GP or district nurse team to encourage joint working and support the generalist key worker with ongoing symptom management, advice regarding medication and support for you and your carer.

Referral to the Specialist Community and Crisis Support Service does not automatically indicate you will be visited at home. We offer short episodes of care according to the specialist palliative care need to supplement the care given by your generalist key workers.

## Where we are based

The Hall, Havering-atte-Bower, Romford, Essex, RM4 1QH



Main hospice number: 01708 753319

Please see our website **www.sfh.org.uk** for further location details and any other information.

## Other Saint Francis Hospice services available here at the hospice and to support you in your own home

Please let us know if you would like an information leaflet on any of our other services.

- 🐤 Inpatient unit
- 🐤 Pemberton Place
- Physiotherapy
- Occupational therapy
- 🐤 Hospice at home
- Family support service
- 🐤 Pastoral care team
- Complementary therapy

## Useful telephone numbers for you to record

GP	
Out of hours District Nurse	
In hours District Nurse	
Hospital	
Pharmacy	
Care Agency	

It may be necessary for essential personal information to pass between Saint Francis Hospice and the NHS, Social Services and other agencies where these agencies are involved in the programme of care. This exchange of information is managed by the Director of Quality, Care and Support Services and follows the conditions for processing as laid down in the Data Protection Act 2018.

To understand more about how Saint Francis Hospice uses your information we advise that you read the patient information leaflet titled 'How we use your information'.

There is the potential for clinical information, pertinent to an individual's care to be shared between clinical teams eg GP/DN/ Hospital. Anonymized information may also be used for reporting externally, for example to CCGs. For more details, please refer to our privacy policy on our website, a hard copy is available on request.

## **About Saint Francis Hospice**

Saint Francis Hospice provides care 24 hours a day, 7 days a week to local people affected by life-limiting illnesses. As a registered charity, we rely on the financial support of our community to keep providing world class care free of charge to individuals and their families. Every year, we provide treatment, care and support to more than 4,000 local people affected by a life-limiting illness.

## Confidentiality

At Saint Francis Hospice we are committed to upholding your rights to confidentiality and protecting your privacy. We will treat your information with respect. Keep it secure and comply with the requirements of the Data Protection Act 2018 including GDPR. Our privacy notice is available on request or by visiting our website www.sfh.org.uk

The Hall Havering-atte-Bower Romford Essex RM4 1QH

Call: 01708 753319 Email: mail@sfh.org.uk Visit: www.sfh.org.uk

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