

The Hall
Havering-atte-Bower
Romford, Essex RM4 1QH

Tel: 01708 753319
Fax: 01708 757957
Email: mail@sfh.org.uk
Web: www.sfh.org.uk

saint
francis
hospice



living with dignity

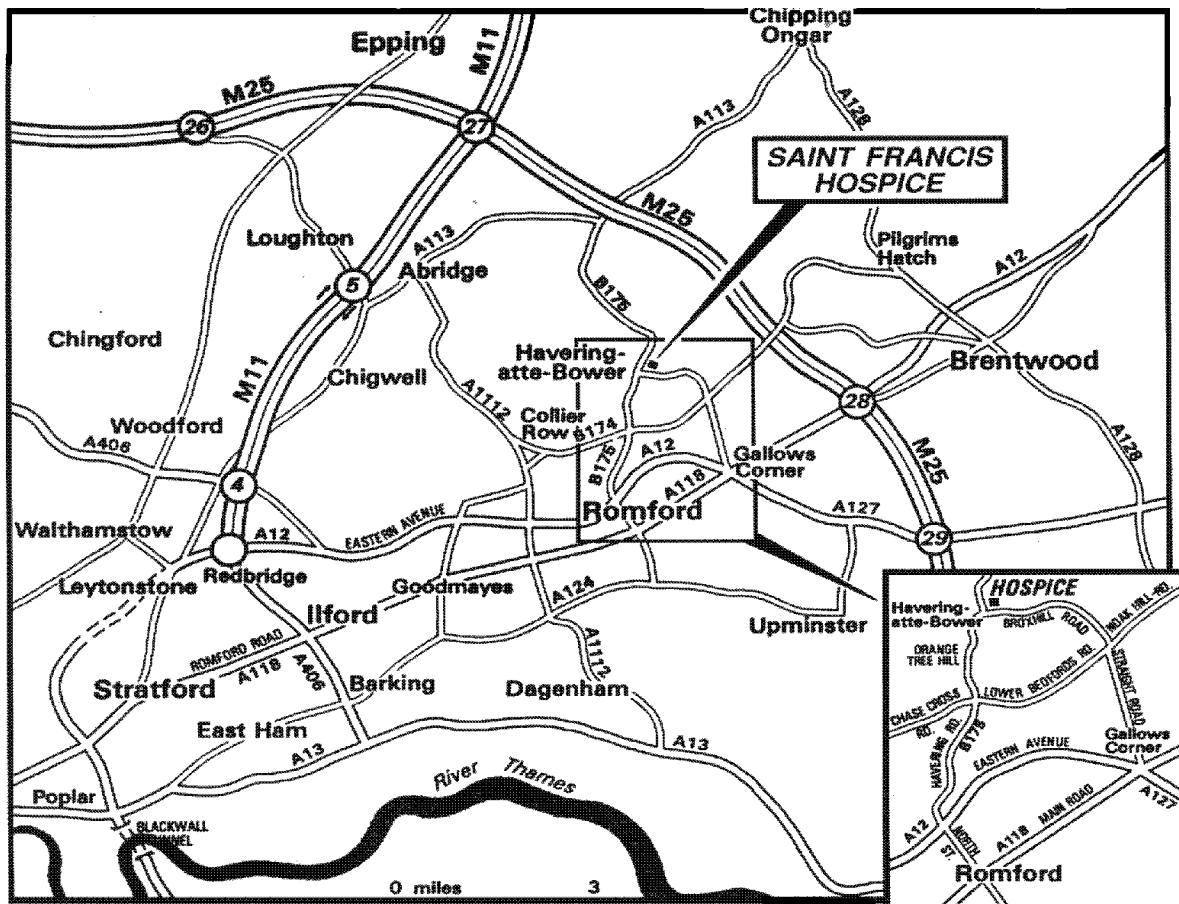
DIRECTIONS TO SAINT FRANCIS HOSPICE

From M25

1. Leave at Junction 28.
2. Follow A12 towards Romford.
3. At Gallows Corner roundabout, take the 4th exit sign posted Harold Hill. You will be on Straight Road.
4. At the end of Straight Road, at the traffic lights, turn right and immediate left into Broxhill Road.
5. Follow Broxhill Road to the top of the hill where the entrance to the hospice is on the right clearly marked.
6. Drive slowly through the gates and follow the pathway round past the pond, turn right and then bear left into the main car park.
7. Follow the pathway to main reception.

From A406 (London)

1. At the junction with the A12, head towards Romford
2. At Gallows Corner roundabout, do not take the flyover but take the 1st exit signposted Harold Hill. You will be on Straight Road.
3. At the end of Straight Road, at the traffic lights, turn right and immediate left into Broxhill Road.
4. Follow Broxhill Road to the top of the hill where the entrance to the hospice is on the right clearly marked.
5. Drive slowly through the gates and follow the pathway round past the pond, turn right and then bear left into the main car park.
6. Follow the pathway to main reception.



Help and Advice

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PUBLIC TRANSPORT DIRECTIONS TO SAINT FRANCIS HOSPICE

By Train: **Romford Station** is the main line station from London Liverpool Street, approximately 4½ miles from the Hospice. There is a taxi rank opposite and you will find bus stops for both 375 and 103 buses (see below). Alternatively, **Harold Wood station** is closer but requires a 4 mile taxi journey to the Hospice. There is a taxi rank outside the station and taxi journeys from either station will cost approx £12.

By Bus: Oyster Cards can be used on both routes
 The **375** service runs between Romford Station and Passingford Bridge.
 Request the “Havering Green” stop
Note: This service is very limited (every 90 minutes) but the bus will drop you directly outside the Hospice. The journey takes approx 20 minutes from Romford to the Hospice.

The full bus timetables for both 375 and 103 can be found by clicking on the following links:

375 <http://www.londonbusroutes.net/times/375.htm>

103 <http://www.londonbusroutes.net/times/103.htm>

Mon - Sat	From Romford Station to Havering Green:			
375	First Bus	Morning	Afternoon	Last Bus
	06.45	08.25	12.55	18.50
		09.55	14.25	
		11.25	15.50	
			17.20	
Mon - Sat	From Havering Green to Romford Station:			
375	First Bus	Morning	Afternoon	Last Bus
	07.25	09.10	13.40	19.35
		10.40	15.10	
		12.10	16.40	
			18.10	
Sun	There is no Sunday service			

The **103** service runs between Rainham via Romford to Chase Cross (buses run approx every 10 minutes).

Request the final stop and make your way on foot up Havering Road which turns into Orange Tree Hill (a fairly steep hill) for about 1 mile. The Hospice is at the top of the hill. The 103 bus timetable is available on our website. *The final bus stop can be found at the intersection of Chase Cross / Havering Road on the inset map overleaf.*

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